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• **Solari Hospice Care**
• **NEWS RELEASE**
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CAMP SOLARI HELPS CHILDREN OVERCOME GRIEF

Solari Hospice Foundation Partners With Clear View Counseling to Offer Bereavement Camp

Las Vegas, Nev. – Jan. 26, 2012 – While losing a loved one is never easy, it can be particularly difficult for children who have lost parents or siblings.

That’s why Solari Hospice Foundation established Camp Solari, a weekend-long bereavement camp for children and their surviving guardian(s). This year, Solari Hospice Foundation is proud to partner with Las Vegas-based Clear View Counseling, who will be orchestrating and leading all camp activities. The camp’s mission is to teach children and teens, ages 6 to 18, healthy ways to work through their grief, meet others who have experienced similar losses, and continue life as positively as possible while honoring their lost loved ones.

The next Camp Solari will be held from May 18-20, 2012, at Mt. Charleston Lodge, located at the end of Highway 157 and about a 35-minute drive from the Las Vegas Strip. Applications will be accepted through March 30, 2012. All weekend activities – including lodging, meals and materials – are free to camp participants. Solari Hospice Foundation covers these costs through fundraisers and charitable donations.

“Children who lose close family members during the formative years of their life often have a tough time working through their grief,” says Candis Armour, R.N., executive director, Solari Hospice Care. “Camp Solari provides a unique camaraderie and bonding experience in a positive, uplifting atmosphere. Children and families realize that they aren’t alone, but that there are others struggling with exactly the same issues.”

Debora Jette, Licensed Marriage and Family Therapist, and president and owner, Clear View Counseling, notes that children can sometimes think they are the only ones who have lost a close family member, and so they feel isolated and “different.”

“Children need to know that it’s okay to ask for help,” says Jette. “It’s important that they can talk to others about their grief without feeling judged or like something is wrong with them. It’s also important that they feel comfortable releasing their emotions instead of bottling them up inside. Our goal is to provide techniques and exercises that help children and families explore their feelings and thoughts, and to do so in a fun, relaxing atmosphere.”

Among the many planned activities are art, music, talk therapy, drumming, dancing and nature walks.

“Just to be at a camp in the mountains – in a world outside of Las Vegas and surrounded by nature – is therapeutic and calming,” says Jette. “Clear View Counseling is proud to be a partner with Solari Hospice Foundation to offer this fun, exciting weekend camp, and to help these children and their families gain the coping skills they need to create happy, healthy lives.”

Camp Solari is the brainchild of Solari Hospice Foundation Founder Gary W. Polsky, who launched his first bereavement camp for children and their families in Arizona in 1999. Currently, Solari Hospice Foundation operates camps in Las Vegas and Houston. Polsky would like to increase the number of camp locations in the future.

“It has always been my goal to help eliminate potential dysfunction in these children so they can move forward in their lives with joy, zeal and enthusiasm,” he says. “I’d love to see this program expand and help even more children.”

Camp Solari attendees are chosen based on need and prioritized on a first-come, first-served basis. To request an application for Camp Solari, please call 702-870-0000. To learn more about the camp, or to make a donation to the Solari Hospice Foundation, visit www.solarihospice.com and click on the link for Camp Solari. To learn more about Clear View Counseling, call 702-254-4883 or visit www.clearviewcounseling.com.

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