

## ***In Equal Measure*** ***Like Judaism, Solari Hospice Care*** ***Stresses Quality of Life*** ***Until the Last Breath***

**By Sarah Pellegrino**

"My G-d, the soul You gave to me is pure. You created it, You shaped it, You breathed it into me, You guard it within me, and someday You will take it from me and restore it to me in the Time to Come."

In this passage taken from morning tefillah prayers, G-d plans a time for death, and it is unavoidable. G-d's power to give and take away life is the message — but that message also makes clear that life and death share equal importance in Judaism. Death is a part of life, and life is a part of death.

The hospice philosophy embraces this message. Compassionate hospice care providers such as those at Solari Hospice Care strive to improve quality of life for the patient and his or her loved ones until the terminally ill individual takes his or her last breath.

The basic goals of hospice parallel Jewish values. Quality of life is of upmost importance at the end of life, with an emphasis on "whole-person" care that nurtures body, mind and spirit. The Jewish vision of healing, *refuah shleimah*, or "complete healing," is consistent with Solari Hospice Care's vision of healing.

Jewish owned and operated, Solari is committed to providing end-of-life care and support to not just the "whole" patient but to his or her entire family through an interdisciplinary approach that promotes comfort and dignity. Life is celebrated.

Jewish tradition has always valued life above all else and preserving life at all costs. However, Judaism is also firm in the belief that death is a natural process and that, no matter through what circumstance, death is inevitable. According to the "Jewish Principles of Care for the Dying" by renowned Rabbi Amy Eilberg, *halacha*, the Jewish law, has always recognized the terminally ill and imminently dying as separate and under special laws.

Eilberg states, "Contemporary Judaism, from its liberal to orthodox denominations, generally permits the termination of treatment when it is clear that treatment is no longer effective and only prolongs suffering." She argues that electing a pain management program over aggressive treatments is the most "life-affirming decision we can make." Likewise, this is a founding principle of hospice.

Las Vegas ISRAELITE – Happy Chanukah!

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MELTON in London, where he hails from. The second hour, entitled *Rhythms of Jewish Living*, will be taught by leading educator Yona Lazarus, who also taught MELTON in Cape Town, South Africa, where she hails from.

School opens as well on the Eastside in Henderson on Wednesday, January 25th, at Midbar Kodesh Temple, with classes continuing on Wednesday's from 8:30 to 10:30 a.m. through mid December. The first hour will be taught by Yona Lazarus, and the second hour by Midbar Kodesh's Rabbi Bradley Teckteil, who taught MELTON previously in a Jewish community on the east coast. "And if you miss a class on one side of town, you can make it up on the other! I love that!," said Devra Weiss who recently registered.

2010 MELTON graduate Linda Lipson said, "Melton is an experience beyond expectations. It is learning and relearning facts, stories and history that we thought we already knew. I never imagined I would be immersed in a learning process involving my religion. I loved the discovery and exploration; I loved questioning and analyzing all aspects of my rich heritage; and I loved the other students!"

"I enjoyed Melton immensely. I grew up Orthodox but I live as a Conservative Jew since I got married. I loved that the program was pluralistic.

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# ***Yahr*** ***Congregation Ne***

Minnie Barnett  
 Shaun Michael Bell  
 Arnold Bennett  
 Pearl Bennett  
 Albert Berman  
 Rebecca Best  
 Ruth Bloom  
 Viva Bowler  
 Ralph Wilkens Brill  
 Benjamin Brown  
 Bess Butwinick  
 Karen Chaiken  
 Charles Charnis  
 Regina Charon

Dorothy Goldman  
 Marcia Goldman  
 Irving Goldstein  
 Jennie Goldstein  
 Helen Golovner  
 Miriam Gordon  
 Jack Gorov  
 Barney Gothelf  
 Kitty Gutterman  
 Charlotte Halpert  
 Sadie Harris  
 Tami Hogaboam  
 Jack D. Israel  
 Harold Joelson

At Solari Hospice Care, the most important aspect of hospice care is not the state of death, but the quality of life, the comfort and freedom for a patient to live out their last days in a peaceful environment — whether at home or, when symptoms cannot be safely managed at home, at Solari's home-like inpatient center.

In addition to the highest quality palliative care, Solari offers spiritual and bereavement services to help patients and their loved ones work through questions of life, and issues concerning the spirit and peace of mind.

If you or a loved one is considering hospice care, let quality of life guide your decision. Choose Solari Hospice Care. For more information, go to [www.solarihospice.com](http://www.solarihospice.com), call 702-870-0000, or follow us on Facebook or Twitter at @SolariHospice.

## **BEREAVEMENT SUPPORT GROUP**

**Tuesdays, 10:30 a.m.**

Sandra Charon  
Albert Cohen  
Lena E. Cohen  
Nancy Colen  
Joseph Smoler  
Charline Cooper  
David Cooper  
Eunice Cooper  
Valyrie Corben  
Velvet Cushen  
Saul Del Valle  
Bruce Marshall Dunn  
Peggy Ebner  
Melvin Eliasberg  
Sylvia Eliasberg  
Adele Emmer  
James Stephen Engelke  
Kenneth Entin  
Adele Epstein  
Minnie Etkind  
Hazel Ewan  
Richard Ewan  
Albert Fleischer

Charlotte Kishner  
Milton S. Klaw  
Judith Kohanko  
Lena Kranson  
Emory Kritzer  
Coleman Lehrman  
Janet Levine  
Anne Light  
Helene Mendelson  
Alan Meyers  
Cecelia Mitchel  
Ida Molinsky  
Hania Oderberg  
Jack Paige  
Erven Peresman  
Herbert Pomerantz  
Tillie Portner  
Aaron N. Premselaar  
Michael Radojevich  
Richard Raskin  
Morris Riback  
Irving Roitman  
Marvin Rubenstein